



**Come join EHW and earn your
Wellness Incentive credits**



Thursday, March 17, 2016

“Diabetes Academy”

(An overview of how to manage diabetes)

Marisa Benavides

Registered Dietician

Public Works Training Rooms

4 to 5 pm

To register please call 956-727-6470

Or email Monica Sifuentes at msifuentes@ci.laredo.tx.us

**Training will be conducted by Marisa Benavides
Registered Dietician**